

## Staff

Our staff represents a variety of disciplines, including: clinical social work, pastoral counseling, psychology, mediation, and marriage and family therapy. At minimum, counselors hold a masters level degree. Staff members are all certified and/or licensed by their respective professional organizations. They represent a variety of faith traditions and are well equipped to assist with a wide range of areas of concern. As professionals, they understand and respect religious clients and, if appropriate, incorporate these values into the therapeutic process.

Your privacy is of the utmost importance to us. All of your information will be completely confidential when you choose to seek help at Samaritan.

Anthony Garascia, MA, LCSW,  
Clinical Director

Rev. Keith Munneke, LCSW,  
LMFT, Senior Pastoral Counselor

Dr. Auna Preston, PhD, HSPP,  
Clinical Psychologist

Lorraine Karam, MA, LMHC,  
Staff Therapist

Karen Zeck, MA, LMHC,  
Staff Therapist

Jeremy Linton, Ph.D, LMHC,  
Staff Therapist

## More About Us

*The Samaritan Center, a 501(c)3 non-profit organization, has provided individual, family and group counseling services in our South Bend location since 1974. We believe in the multi-disciplinary approach—incorporating mind, body and spirit—and work together with pastors, physicians, and other health care providers to best serve our clients. We are familiar with the needs of those seeking help with marriage problems, family issues, anxiety, depression, stress, grief and other life concerns.*

*We are accredited by the Samaritan Institute of Denver, Colorado and are one of almost 100 Samaritan Centers in the United States and Japan.*

## Our Locations



Christ the King Lutheran  
Church

17195 Cleveland Road  
South Bend, IN 46635



Clay Church

17646 Cleveland Road  
South Bend, IN 46635

Phone: 574-277-0274

Fax: 574-271-7202

[www.samaritan-counseling.org](http://www.samaritan-counseling.org)

## Couple and Family Counseling

Recognizing and addressing  
couple and family issues



**SAMARITAN**  
counseling center

*Helping People Find Their Way*

### ***Couple Therapy***

It is hard to build, maintain, and nurture a relationship, but it is even more difficult to try to rebuild a broken or damaged one. Our therapists can help get to and tackle the root of problems and address them accordingly to nurture and rebuild your relationship.

### ***Family Therapy***

A family's pattern of behavior strongly influences the individuals within that family. Therefore, integrating the members of the family into a treatment plan is the most effective way to address any problems. In family therapy, the subject of treatment is not only the people, it is the set of relationships.

Samaritan Center therapists integrate the whole of each person in therapy to unite the family and help get through rocky times.

### ***Some issues that may indicate a need for Couple or Family Therapy:***

- Infidelity
- Broken trust
- Emotional neglect
- Addictive behaviors
- Boredom
- Separation
- Lack of Communication
- No affection
- Silent treatment
- Trauma experienced as a couple or family
- Emotional abuse
- Constant arguing or conflict
- Midlife Crisis
- Lack of sex in marriage
- Emotional or psychological disorders in one or more persons such as anxiety, depression, ADD/ADHD, etc.
- Discipline or defiance problems with children
- In-law problems
- Lack of closeness

### ***How we can help:***

At the Samaritan Center, our therapists are trained in various strategies to assist struggling couples and families.

Our trained and licensed professionals care. We offer hope through treatment for these issues by affirming the needs of the whole person—body, mind, and spirit.

Inherent to this philosophy is a respect for your faith and values and your decision whether or not to incorporate these into treatment.

When you schedule an appointment we will perform an initial assessment and then work with you on treatment options that best suit the diagnosis.

For more information or to schedule an appointment, feel free to call our administrative offices at **(574) 277-0274**.

