

Staff

Our staff represents a variety of disciplines, including: clinical social work, pastoral counseling, psychology, mediation, and marriage and family therapy. At minimum, counselors hold a masters level degree. Staff members are all certified and/or licensed by their respective professional organizations. They represent a variety of faith traditions and are well equipped to assist with a wide range of areas of concern. As professionals, they understand and respect religious clients and, if appropriate, incorporate these values into the therapeutic process.

Your privacy is of the utmost importance to us. All of your information will be completely confidential when you choose to seek help at Samaritan.

Anthony Garascia, MA, LCSW,
Clinical Director

Rev. Keith Munneke, LCSW,
LMFT, Senior Pastoral Counselor

Dr. Auna Preston, PhD, HSPP,
Clinical Psychologist

Lorraine Karam, MA, LMHC,
Staff Therapist

Karen Zeck, MA, LMHC,
Staff Therapist

Jeremy Linton, Ph.D, LMHC,
Staff Therapist

More About Us

The Samaritan Center, a 501(c)3 non-profit organization, has provided individual, family and group counseling services in our South Bend location since 1974. We believe in the multi-disciplinary approach—incorporating mind, body and spirit—and work together with pastors, physicians, and other health care providers to best serve our clients. We are familiar with the needs of those seeking help with marriage problems, family issues, anxiety, depression, stress, grief and other life concerns.

We are accredited by the Samaritan Institute of Denver, Colorado and are one of almost 100 Samaritan Centers in the United States and Japan.



SAMARITAN counseling center

Helping People Find Their Way

Our Locations



Christ the King Lutheran
Church

17195 Cleveland Road
South Bend, IN 46635



A United Methodist Community of God's Love!

Clay Church

17646 Cleveland Road
South Bend, IN 46635

Phone: 574-277-0274

Fax: 574-271-7202

www.samaritan-counseling.org

Helping people manage the stress and hurt in their lives through counseling and education based on our Judeo-Christian heritage.

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Sometimes it is difficult to cope with marriage or family conflicts, job pressures, anxiety, depression, or the other stresses of life. Samaritan counseling professionals care. We offer hope through treatment for these issues by affirming the needs of the whole person—body, mind, and spirit. Inherent to this philosophy is a respect for each client's faith and values and their decision whether or not to incorporate these into treatment.

Assessment Process

The first step in counseling is to clarify the problem through an *assessment*. Most frequently, this can be done with a simple discussion with your therapist. This clinical assessment begins at the first appointment. Other times, however, psychological tests may be recommended to help identify the source of a problem. If this is the case, psychological testing to clarify various problems will be provided by a licensed psychologist at the Samaritan Center.

We offer help with:

- Marriage Problems
- Family Issues
- Anxiety Disorders
- Stress
- Trauma
- Phobias
- Grief
- Aging dilemmas
- Spiritual Concerns
- Parenting
- Step Parenting
- Divorce Issues
- Sexual Abuse
- Depression
- ADD/ADHD
- Post-traumatic stress disorder



“I was amazed at how knowledgeable and sensitive my counselor was to my own faith background and teachings as I went through counseling.” -a client

Appointments

At the Samaritan Counseling Center, we understand that individuals and families have busy schedules. We can schedule your appointment for daytime as well as evening hours. Call the administrative office at **(574) 277-0274** between 9 a.m. and 4 p.m. daily to make your first appointment.

Fees

The Samaritan Counseling Center is a non-profit organization. Our standard rates for a 45 minutes session are \$135 for the initial assessment and \$100 for subsequent sessions. Payment is expected at time of service. We offer a variety of payment options. We accept insurance and are in-network providers for a variety of HMO's and managed care providers. Additionally, in special circumstances, a portion of a client's fees may be subsidized through the Client Assistance Fund, funded by donations. Also, check with your congregation to see if they are a part of our Congregation Assistance Program for additional assistance.